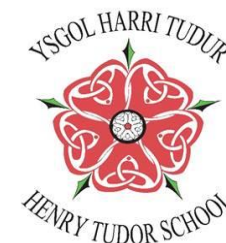




October HT	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast club</b> <i>Basketball, badminton, table tennis, dodgeball</i>		<b>Badminton</b> (7&8) School Gym (GD)		<b>Badminton</b> (9,10,11) School Gym (GD)	
<b>Mentor</b>		<b>LRC</b>		<b>LRC</b>	
<b>Break 1a</b> <b>Year 7&amp;8</b>	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf
<b>Break 1b</b> <b>Year 9,10,11</b>	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf	<b>Football &amp; Rugby</b> <b>skills</b> Astro Turf
<b>Break 2a</b> <b>Year 7&amp;8</b>	<b>Football</b> Astro Turf	<b>Football</b> Astro Turf	<b>Football</b> Astro Turf	<b>Football</b> Astro Turf	<b>ENRICHMENT</b> All years Meet in the hall at 2pm
<b>After school</b> <b>Clubs</b> 3.15-4.15pm	<b>Football</b> <b>Rugby</b> <b>Netball</b> (7&8)  <b>Hockey</b> (9,10,11) <b>All P.E. Staff</b>	<b>Hockey</b> (7&8)  <b>Football</b> <b>Rugby</b> <b>Netball</b> (9,10,11) <b>All P.E. Staff</b>	<b>Boxing</b> (7&8) School Gym (CM)  <b>Gymnastics</b> All Years School Gym (GD)  <b>Hockey Dyfed Team</b> (9,10,11) (SD)	<b>Girls rugby</b> All years Top Field (RF)  <b>Badminton</b> All years School Gym (GD)	<b>Street Dance (KW)</b> <b>Football (CM)</b> <b>Tennis / Squash (CB)</b> <b>Parkour</b> <b>Swim/Gym (LC)*</b> <b>*For swim/gym</b> please contact the Leisure Centre and book directly prior to the Friday session <a href="tel:01437 776660">01437 776660</a>
<b>4-4.30pm</b>		<b>Staff fitness club</b> School gym (GD)			



### Monday-Thursday

Breakfast club 8.15-8.45

Break 1a 11.15-11.45

Break 1b 12.15-12.45

Break 2a 1.45-2.15

Break 2b 2.45-3.15

### Friday Only

Break 1a 11-11.30

Break 1b 12-12.30

Enrichment: 2.00-3.00pm